

C Ginger-Lime Tea

2 Servings

Prep 15 min

Ingredients:

2 tablespoons grated fresh ginger

2 tablespoons honey or agave nectar

2 tablespoons lime juice

Directions:

1. Bring 2 cups water to a boil. Add the ginger, honey and lime juice, remove from the heat and steep for about 10 minutes. Strain and serve.