

Asian Chicken Salad

2 cups cooked chicken, cubed or shredded
1 cup shredded green or red cabbage
2 cup romaine lettuce, chopped
1 cup baby spinach
1/2 Red Bell Pepper, Sliced Thin
1/2 Orange Bell Pepper, Thinly Sliced
1/2 bag Bean Sprouts (also Called Mung Bean Sprouts) (approximately 1 cup)
1/2 cup mushrooms sliced
2 carrots grated
2 Scallions (green onions), Sliced
1 Cucumber, Peeled And thinly Sliced
1/3 cup Whole raw Cashews, Lightly Toasted In Skillet

Mix whole salad with 1/2 cup ginger-sesame dressing or 2 tablespoons of dressing per salad serving.

(Recipe by Diana Cook and Louise Hughes)

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